

PARENTING CALENDAR FOR GRADE 1-

2

General Parenting Tips for Grades 1–2

- Maintain predictable routines.
- Encourage reading habits every day.
- Use positive words and gentle guidance.
- Spend quality family time regularly.
- Support emotional growth along with academics.
- Encourage outdoor play and physical activity.
- Appreciate effort, kindness, and creativity.

April – Building Routine & Confidence

Parenting Tips

- Encourage independence with simple daily tasks.
- Appreciate effort more than perfection.
- Create a calm and predictable routine.

Daily Activities

- Read together for 15–20 minutes.
- Encourage children to organize their school bag.
- Practice polite words like “please” and “thank you.”
- Spend outdoor playtime together.

Weekly Activities

- Family storytelling session.
- Organize books and toys together.
- Review school activities with positive encouragement.
- Play simple board or memory games.

Monthly Activities

- Create a family routine chart.
- Set small learning and behaviour goals.

May – Summer Fun & Creativity

Parenting Tips

- Allow children to explore creativity freely.

- Keep learning fun and pressure-free.
- Balance play, rest, and learning.

Daily Activities

- Practice handwriting or drawing.
- Encourage healthy eating and hydration.
- Spend time on creative activities like coloring or crafts.

Weekly Activities

- Try a new art or craft activity.
- Have music and dance time as a family.

Monthly Activities

- Plan a family outing or picnic.
- Start a summer reading challenge.
- Encourage children to learn one basic household task.

June – Healthy Habits & School Readiness

Parenting Tips

- Encourage proper sleep routines.
- Teach hygiene habits patiently.
- Support children in becoming more independent.

Daily Activities

- Follow a fixed bedtime routine.
- Practice counting or simple Maths games.
- Practice Yoga asana with your ward.
- Go for a morning/evening walk with your child.

Weekly Activities

- Discuss healthy food habits.
- Spend time in outdoor physical activities.

Monthly Activities

- Set school-year goals.
- Meet teachers if required.
- Create a healthy meal schedule together.

July – Communication & Listening Skills

Parenting Tips

- Listen carefully when children talk.
- Encourage children to express feelings openly.
- Use positive words and gentle correction.

Daily Activities

- Read aloud together.
- Encourage children to share one happy moment daily.
- Practice speaking politely.
- Visit market place with your ward.

Weekly Activities

- Family discussion time without screens.
- Encourage storytelling or show-and-tell.
- Play teamwork games.

Monthly Activities

- Attend school events.
- Create a “kind words” chart.
- Encourage children to speak confidently in front of family.

August – Values & Responsibility

Parenting Tips

- Teach values through actions.
- Give simple household responsibilities.
- Appreciate kind and helpful behaviour.

Daily Activities

- Encourage children to tidy up toys.
- Practice sharing and caring.
- Read moral stories together.
- Take care of your grandparents daily and spend quality time with your family.

Weekly Activities

- Discuss one good value each week.
- Encourage helping family members.
- Review positive habits together.

Monthly Activities

- Celebrate Independence Day with patriotic activities.
- Teach saving habits using a piggy bank.
- Encourage participation in cultural activities.

September – Learning & Curiosity

Parenting Tips

- Encourage questions and curiosity.
- Avoid pressure related to marks.
- Praise consistency and effort.

Daily Activities

- Practice sight words or spelling.
- Spend 15 minutes on educational games.
- Encourage drawing and cursive writing.

Weekly Activities

- Help children revise school lessons.
- Visit a museum, park, or educational place.
- Practice fun quiz activities.
- Make one dish without fire with your children.

Monthly Activities

- Review learning progress.
- Reward effort with appreciation.
- Create a simple achievement chart.

October – Festivals & Family Bonding

Parenting Tips

- Spend quality family time together.
- Teach gratitude and sharing.
- Reduce screen time during family activities.

Daily Activities

- Share family stories and traditions.
- Encourage acts of kindness.
- Practice simple relaxation exercises.
- Do pray/worship with your children.

Weekly Activities

- Participate in festive decorations.
- Donate unused toys or clothes.
- Have one family no-screen evening.

Monthly Activities

- Celebrate festivals together.
- Teach children about different cultures.
- Encourage gratitude habits.
- Visit any orphanage and donate some clothes, books, sweet or anything you like.

November – Discipline & Gratitude

Parenting Tips

- Use positive discipline methods.
- Be a role model for respectful behaviour.
- Encourage appreciation for others.

Daily Activities

- Follow regular routines.
- Say thank you to helpers and teachers.
- Encourage self-discipline in studies and play.
- Be humble and help everyone around you.
- Show care towards the animals.

Weekly Activities

- Review good behaviour habits.
- Write thank-you notes or drawings.
- Discuss good manners.

Monthly Activities

- Participate in charity or helping activities.
- Reflect on achievements.

December – Joyful Learning & Reflection

Parenting Tips

- Focus on emotional connection.
- Encourage learning through fun activities.
- Create positive family memories.

Daily Activities

- Read stories regarding Christmas.
- Encourage creative drawing and crafts.
- Spend quality family time together.

Weekly Activities

- Play indoor family games.
- Watch educational videos together.
- Gardening

Monthly Activities

- Reflect on the year's achievements.
- Set simple goals for the new year.
- Create a family scrapbook or memory book.

January – Goal Setting & Healthy Habits

Parenting Tips

- Encourage realistic and simple goals.
- Motivate children with positive reinforcement.
- Teach basic time management.

Daily Activities

- Practice positive affirmations.
- Encourage healthy breakfast habits.
- Discuss school experiences daily.

Weekly Activities

- Review goals together.
- Encourage sports or outdoor play.
- Organize study and play areas.

Monthly Activities

- Create a vision or dream board.
- Celebrate small achievements.
- Teach responsibility through simple tasks.

February – Friendship & Emotional Growth

Parenting Tips

- Encourage empathy and kindness.
- Teach children to express emotions calmly.

- Help children build healthy friendships.

Daily Activities

- Discuss feelings openly.
- Encourage kind actions.
- Practice calming - breathing exercises.

Weekly Activities

- Discuss friendship and sharing.
- Encourage teamwork games.

Monthly Activities

- Appreciate friends and family members.
- Reflect on emotional growth together.

March – Revision & Celebration

Parenting Tips

- Keep learning stress-free.
- Encourage regular breaks during study.
- Celebrate effort and progress.

Daily Activities

- Revise school topics in short sessions.
- Create a calm study routine.
- Encourage healthy sleep and meals.

Weekly Activities

- Practice revision through games and quizzes.
- Appreciate effort during exams.
- Spend relaxing family time together.

Monthly Activities

- Celebrate achievements after exams.
- Reflect on strengths and improvements.
- Plan enjoyable holiday activities.