

UTTARAKHAND PUBLIC SCHOOL

SESSION 2026-27

PARENTING CALENDAR

CLASS - VI

GENERAL PARENTING TIPS FOR GRADE VI:

- Set a daily study routine for your child.
- Appreciate effort, not just marks.
- Keep screen time limited and balanced.
- Encourage daily reading habits.
- Talk to your child every day.
- Teach small responsibilities at home.



April – Fresh Start & Goal Setting

Parenting Tips

- Help children set realistic academic and personal goals.
- Encourage organized routines from the beginning of the session.
- Motivate children to take responsibility for their belongings.

Daily Activities

- Create a homework and study planner together.
- Spend 20 minutes reading newspapers/books.
- Encourage children to pack their school bags independently.

Weekly Activities

- Organize the study corner or bookshelf.
- Discuss one inspirational personality every week.
- Conduct a family discussion on school experiences.

Monthly Activities

- Make a "Goals for This Session" chart.
- Visit a library or bookstore.
- Prepare a healthy timetable for studies and recreation.

May – Summer of Creativity & Exploration

Parenting Tips

- Encourage creativity without focusing on perfection.
- Allow children to explore new interests and hobbies.
- Balance fun activities with learning.

Daily Activities

- Practice journaling or creative writing.
- Spend 30 minutes on art, music, dance, or crafts.
- Learn one new English word daily.

Weekly Activities

- Try one new hobby or skill.
- Have storytelling or family reading sessions.
- Cook a simple dish together.

Monthly Activities

- Create a summer reading challenge.
- Plan a family outing or picnic.
- Encourage children to learn one life skill independently.

June – Healthy Habits & Smart Learning

Parenting Tips

- Focus on sleep, nutrition, and self-discipline.
- Avoid unhealthy comparison with others.
- Encourage self-study and time management.

Daily Activities

- Practice mental math for 10 minutes.
- Follow a morning or evening exercise routine.
- Discuss current affairs or interesting news.

Weekly Activities

- Prepare healthy snacks together.
- Spend time outdoors as a family.
- Discuss personal hygiene and self-care habits.

Monthly Activities

- Set academic improvement goals.
- Meet or communicate with teachers if needed.
- Create a healthy meal plan chart.



Thank
You!